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SUSAN Y. SOONG
CLERK, U.S. DISTRICT COURT
NO. 1, ST. FRANCISCO, CA.

1 UNITED STATES DISTRICT COURT
2 NORTHERN DISTRICT OF CALIFORNIA
3 SAN FRANCISCO DIVISION

4
5 UNITED STATES) CASE NO. 15-CR-00582-WHO-1
6 Plaintiff,)
7 v.) DECLARATION OF JOAN D. CAIRNS, LMFT
8 ADAM SHAFI)
9 Defendant.)
10)

11 I, JOAN D. CAIRNS declare as follows:

12 1. I am the Behavioral Health Care Manager at Criminal Justice Mental Health, ("CJMH")
13 employed by the County of Alameda in its Behavioral Health Care Services division ("BHCS"). In that
14 capacity, I am responsible for the day to day operations of CJMH, and oversee the provision of mental
15 health services to inmates at both the Santa Rita Jail in Dublin ("SRJ") and the Glen Dyer Detention
16 Facility in Oakland ("GDDF"). The statements in this Declaration are of my own personal knowledge,
17 except for those matters stated on information and belief, which I believe to be true. If called as a
18 witness, I could and would testify competently thereto.

19 2. I have worked for the CJMH for 2 years. I have held the position of Manager for 1 year, and
20 have been working in the field of forensics for 25 years. My duties and responsibilities include the
21 oversight and delivery of mental health care to the inmates at both SRJ and GDDF Jail.

22 3. CJMH uses a web-based program notes system called CliniciansGateway (CG) to maintain all
23 records of client contact. CG incorporates assessment tools and forms that allow CJMH therapists to
24 chart and assess inmates' mental health status, needs, and progress. All notes of interactions with
25 inmates by CJMH are written in CG; it is the exclusive means of maintaining client records at CJMH.

26 4. The Assessment tool CJMH utilizes is a Standard Mental Status Evaluation ("MSE"). The MSE
27 covers the following topics: Orientation, Cognition, Impulse Control, Mood and Affect, Thought

1 Process and Thought Content, Suicide and Homicide Ideation, Substance Abuse and Mental Health
2 History. Included in the CG MSE note is a section where an inmate's charges are logged. Including the
3 criminal charges of the inmate is standard practice in charting in a forensic setting. A true and correct
4 copy of a blank MSE is attached hereto as Exhibit A.

5 5. On 12/31/2015, Dr. Said Shefayee, CJMH Psychiatrist and Pamela Neher, LCSW, CJMH
6 clinician went in tandem to do an mental health assessment, on inmate Adam Shafi. Mr. Shafi was
7 assessed by CJMH due to Mr. Shafi's high profile case, and having no criminal justice history. It is
8 routine for CJMH to do an assessment on these inmates, as they can be high risk for suicide; in cases
9 like this CJMH will reassess the inmate monthly. Dr. Sheyafee used the Standard MSE to evaluate Mr.
10 Shafi, and entered his notes into CG the same day. Pamela Neher also input notes regarding Mr. Shafi's
11 evaluation that same day.

12 6. I am informed and believe that Defendant Adam Shafi has alleged that CJMH asked
13 inappropriate questions related to his criminal case while delivering mental health services at GDDF.

14 7. I have reviewed the CG Program Notes relating to Mr. Shafi's treatment. There was nothing in
15 either Dr. Sefayee's or Pamela Neher's chart notes describing, commenting, or editorializing Mr. Shafi's
16 criminal charges.

17 8. Although CJMH therapists will inquire as to whether an inmate understands the charges being
18 brought against him or her, and if indicated, whether those charges affect the inmate's mental state, it is
19 not the practice of CJMH clinical staff to involve themselves in an inmate's criminal case. That is not
20 relevant to either the assessment or treatment of an inmate.

21 I declare under penalty of perjury under the laws of the state of California that the foregoing is
22 true and correct to the best of my knowledge and belief.

23 Executed this 28 day of January 2016 in Dublin, California.

24 */s/ Joan Cairns, LMFT*
25 **Joan Cairns, LMFT**
26 **Behavioral Health Care Manager**
27 **Alameda County Behavioral Health Care**

EXHIBIT A

United States of America v. Adam Shafi
Case No. 15-cr-00582-WHO-1

Adult Assessment – Criminal Justice Mental Health – Clinician's Gateway Version

The Criminal Justice Mental Health forms headers for Santa Rita Jail contain specialized fields:

- PFN # = Prison File Number
- SRMR # = Santa Rita Medical Record #
- Booking Name
- Time of Day seen by clinician
- Housing Unit

Service #: New Title: Assessment (CJ)

Client: <input type="text" value="75087772"/> <input type="text" value="TEST"/> <input type="text" value="CINDYTWO"/>	Number <input type="text" value=""/>	Last Name <input type="text" value=""/>	First Name <input type="text" value=""/>	Service date: <input type="text" value=""/> <input type="button" value="Calendar"/>																								
				Client opened: 2/1/2007 Closed: 9/6/2014																								
				Util. review date::																								
				Client Plan due date::																								
				Last assessment: 10/26/2012																								
Procedures: <input type="text" value="Select Procedure"/>	KTA ELIGIBLE (Feb 13 2015)																											
Service Location: <input type="text" value="Select Location"/>																												
Med. Compliant: <input type="text" value="N/A"/>	Side Effects: <input type="text" value="N/A"/>																											
Emergency? <input type="checkbox"/>	Pregnant? <input type="checkbox"/>																											
Staff Time																												
Primary Clinician: <input type="text" value="10904 - Peterson, Camille E"/>	Provider: <input type="text" value="99995 - Short Term House"/>	Primary Total Time: <input type="text" value="00:00"/>																										
Add Additional Clinicians:																												
Interactive Complexity: <input type="text" value="Not Present"/>																												
Current Dx																												
Respond to problems/goals/objectives of treatment plan and signs and symptoms related to diagnosis. Include treatment interventions and address changes in the client's functioning. If there is little progress, include an explanation of the limited progress.																												
<table border="1"> <tr> <td>PFN # <input type="text" value="ABC123"/></td> <td>SRMR# <input type="text" value="12-34-56-7"/></td> </tr> <tr> <td>Primary FF Time <input type="text" value=""/></td> <td>Time Of Day <input type="text" value=""/></td> <td>Housed In <input type="text" value=""/></td> <td>Date Of Birth <input type="text" value="02/02/1960"/></td> </tr> </table>		PFN # <input type="text" value="ABC123"/>	SRMR# <input type="text" value="12-34-56-7"/>	Primary FF Time <input type="text" value=""/>	Time Of Day <input type="text" value=""/>	Housed In <input type="text" value=""/>	Date Of Birth <input type="text" value="02/02/1960"/>	<table border="1"> <tr> <td colspan="2">BOOKING NAME:</td> </tr> <tr> <td colspan="2">BookingLM, BookingFN</td> </tr> <tr> <td colspan="2">Services were provided in <input type="text" value="English"/></td> </tr> <tr> <td colspan="2">by <input type="checkbox"/> interpreter <input type="text" value=""/> or <input type="checkbox"/> clinician</td> </tr> <tr> <td colspan="2">Axis I 296.60</td> </tr> <tr> <td colspan="2">Axis II V71.09</td> </tr> <tr> <td colspan="2">Axis III 289.9</td> </tr> <tr> <td colspan="2">Axis IV A</td> </tr> <tr> <td colspan="2">Axis V 099</td> </tr> </table>			BOOKING NAME:		BookingLM, BookingFN		Services were provided in <input type="text" value="English"/>		by <input type="checkbox"/> interpreter <input type="text" value=""/> or <input type="checkbox"/> clinician		Axis I 296.60		Axis II V71.09		Axis III 289.9		Axis IV A		Axis V 099	
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Axis III 289.9																												
Axis IV A																												
Axis V 099																												

Assessment

CRIMINAL JUSTICE MENTAL HEALTH PROGRAM ASSESSMENT (331)		Race: Black	Sex: Female																												
<input type="checkbox"/> County (82) <input type="checkbox"/> CDC (61) <input type="checkbox"/> Fed (44) <input type="checkbox"/> State Hospital		CDC: <input type="text"/>																													
Location seen: <input type="checkbox"/> ITR <input type="checkbox"/> Clinic <input type="checkbox"/> HU <input type="checkbox"/> Other <input type="text"/>																															
SECTION A																															
Incarcerated before? <input type="radio"/> No <input type="radio"/> Yes Where? (check all that apply) <input type="checkbox"/> SRJ <input type="checkbox"/> Other jail <input type="checkbox"/> Prison (name): <input type="text"/>																															
Current Psych Tx? <input type="radio"/> No <input type="radio"/> Yes Psych meds in last 30 days? <input type="radio"/> No <input type="radio"/> Yes VETERAN? <input type="radio"/> No <input type="radio"/> Yes																															
<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th>Name of medication</th> <th>Dose</th> <th>Last dose</th> <th>Prescribed by (clinic/MD):</th> </tr> </thead> <tbody> <tr><td><input type="text"/></td><td><input type="text"/></td><td><input type="text"/></td><td><input type="text"/></td></tr> </tbody> </table>	Name of medication	Dose	Last dose	Prescribed by (clinic/MD):	<input type="text"/>	<div style="border: 1px solid black; padding: 5px; width: 150px; height: 150px; display: flex; align-items: center; justify-content: center;"> ^ v </div>																									
	Name of medication	Dose	Last dose	Prescribed by (clinic/MD):																											
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>																											
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Name/location of Pharmacy:																															
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<input type="text"/>	<input type="text"/>	<input type="text"/>																													
<input type="text"/>	<input type="text"/>	<input type="text"/>																													
Recent inpatient <input type="radio"/> No <input type="radio"/> Yes When/Where																															
Recent State Hospital <input type="radio"/> No <input type="radio"/> Yes When/Where/Why																															
Current Outpatient <input type="radio"/> No <input type="radio"/> Yes Last seen:		Where:	Case manager:																												
<input type="radio"/> No <input type="radio"/> Yes Females BIRTH within last year? (see clinical guidelines)																															
<input type="radio"/> No <input type="radio"/> Yes Developmental Disability? if yes <input type="checkbox"/> suspected <input type="checkbox"/> confirmed (see clinical guidelines)																															
<input type="radio"/> No <input type="radio"/> Yes History of head trauma?																															
<input type="radio"/> No <input type="radio"/> Yes Substance use within last 30 days?																															
<input type="radio"/> No <input type="radio"/> Yes History of victimization? <input type="checkbox"/> sexual <input type="checkbox"/> emotional <input type="checkbox"/> physical																															
<input type="radio"/> No <input type="radio"/> Yes History of Violence/Predatory behavior? Describe: <input type="text"/>																															

SECTION B	Arrest Date: <input type="text"/> <input type="button" value="Calendar"/>	Release Date: <input type="text"/> <input type="button" value="Calendar"/>	Charges: <input type="text"/>
1. Reason for Referral/Referral Source: <div style="border: 1px solid black; height: 100px; margin-top: 5px;"></div>			
2. Emotional Response to Incarceration: <input type="text"/>			
3. History of Psychiatric Treatment (incl. prior psychotropic meds, dates, reason discontinued; psychiatric hospitalizations): <div style="border: 1px solid black; height: 100px; margin-top: 5px;"></div>			
4. Substance Use/Abuse History (type of substance, frequency, duration, treatment history, last use): <div style="border: 1px solid black; height: 100px; margin-top: 5px;"></div>			
5. Medical History (include current and past medical conditions; medications; head injuries, seizures, allergies): <div style="border: 1px solid black; height: 100px; margin-top: 5px;"></div>			
6. SUICIDE ASSESSMENT <p>SUICIDE IDEATION <input type="radio"/> Yes <input type="radio"/> No If yes, describe:</p> <p>PLAN? <input type="radio"/> Yes <input type="radio"/> No If yes, describe:</p> <p>HISTORY OF ATTEMPTS? <input type="radio"/> Yes <input type="radio"/> No # OF ATTEMPTS? IN-CUSTODY ATTEMPTS? <input type="radio"/> Yes <input type="radio"/> No</p> <p>DATES OF ATTEMPTS & DESCRIPTIONS:</p> <p>RISK FACTORS (see Clinical Guidelines and note each factor): <input type="text"/></p>			

SECTION C	MENTAL STATUS EXAM			
Observations (Orientation, Intellect, appearance, motor activity, speech, mood, affect, thought content, thought process, perceptions, insight, judgement, impulse control)				
<div style="border: 1px solid black; height: 100px; width: 100%;"></div>				
Other: race, sex, religion, culture, language, classification issues, etc.) <div style="border: 1px solid black; height: 10px; width: 100%;"></div>				
General Impressions <div style="border: 1px solid black; height: 100px; width: 100%;"></div>				
Plan: (Goals and Objectives) <div style="border: 1px solid black; height: 100px; width: 100%;"></div>				
Criteria for Treatment(check all that apply):				
<input type="checkbox"/> 1. Medical Necessity/Diagnosis		<input type="checkbox"/> 2. Medical Necessity/Functional Impairment		
<input type="checkbox"/> 4. Substance Abuse History		<input type="checkbox"/> 5. Dangerous to Self or Others		
<input type="checkbox"/> 3. Psychiatric History		<input type="checkbox"/> 6. Continuity of Care		
DIAGNOSES		DSM IV CODES		
Axis I	<div style="border: 1px solid black; height: 20px; width: 100%;"></div>	<div style="border: 1px solid black; height: 20px; width: 20px;"></div>	<div style="border: 1px solid black; height: 20px; width: 20px; text-align: center;">▼</div>	
	<div style="border: 1px solid black; height: 20px; width: 100%;"></div>	<div style="border: 1px solid black; height: 20px; width: 20px;"></div>	<div style="border: 1px solid black; height: 20px; width: 20px; text-align: center;">▼</div>	
	<div style="border: 1px solid black; height: 20px; width: 100%;"></div>	<div style="border: 1px solid black; height: 20px; width: 20px;"></div>	<div style="border: 1px solid black; height: 20px; width: 20px; text-align: center;">▼</div>	
Axis II	<div style="border: 1px solid black; height: 20px; width: 100%;"></div>	<div style="border: 1px solid black; height: 20px; width: 20px;"></div>	<div style="border: 1px solid black; height: 20px; width: 20px; text-align: center;">▼</div>	
Axis III: Physical Disorders	Axis IV	Axis V		
<div style="border: 1px solid black; height: 20px; width: 100%;"></div>	<div style="border: 1px solid black; height: 20px; width: 20px; text-align: center;">H</div>	<div style="border: 1px solid black; height: 20px; width: 20px;"></div>		
Outcome: <input type="radio"/> No return appt. <input type="radio"/> Reappointment Date: <div style="border: 1px solid black; height: 15px; width: 20px;"></div> <input type="button" value="Calendar"/> to see <div style="border: 1px solid black; height: 15px; width: 20px;"></div> in <input type="checkbox"/> Clinic <input type="checkbox"/> HU # <div style="border: 1px solid black; height: 15px; width: 20px;"></div>				
Date: <div style="border: 1px solid black; height: 15px; width: 20px;"></div> <input type="button" value="Calendar"/> to see <div style="border: 1px solid black; height: 15px; width: 20px;"></div> in <input type="checkbox"/> Clinic <input type="checkbox"/> HU # <div style="border: 1px solid black; height: 15px; width: 20px;"></div>				
<input type="checkbox"/> Note is complete.				
<input type="button" value="Cancel"/>		<input type="button" value="Spell Check"/>	<input type="button" value="Save as Pending"/>	<input type="button" value="Save as Draft"/>